

Minds and Models:
Mindful Thinking and Consistent
Imitating

Philippians 4:8-9



Philippians 4:8 – The Mind

Finally, brothers

Whatever is true

Whatever honorable

Whatever just

Whatever pure

Whatever lovely

Whatever commendable

If there is any excellence

(and) If there is anything worthy of praise

Think on these things



Philippians 4:9 - Models

What

And you have learned

And you have received

And you have heard

And you have seen

in me

Practice these things



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Philippians 4:8 – The Mind

1. The Mind

a. Food for Thought



Philippians 4:8 – The Mind

1. The Mind

- a. Food for Thought
- b. You Are What You Eat (Think)



Philippians 4:8 – The Mind

1. The Mind

- a. Food for Thought
- b. You Are What You Eat (Think)
- c. Choose to Think



Philippians 4:8 – The Mind

1. The Mind

- a. Food for Thought
- b. You Are What You Eat (Think)
- c. Choose to Think
- d. It's a Big Menu



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1. The Mind

- a. Food for Thought
- b. You Are What You Eat (Think)
- c. Choose to Think
- d. It's a Big Menu

2. The Model

3. The Promise



Philippians 4:8 – The Mind

1. The Mind
 - a. Food for Thought
 - b. You Are What You Eat (Think)
 - c. Choose to Think
 - d. It's a Big Menu
2. The Model
3. The Promise
4. Bonus Takeaways



Philippians 4:8 – The Mind

1. The Mind
2. The Model
3. The Promise
4. Bonus Takeaways
 - a. A Guide for Media Intake



Philippians 4:8 – The Mind

1. The Mind
2. The Model
3. The Promise
4. Bonus Takeaways
 - a. A Guide for Media Intake
 - b. A Perspective on the Christian and Culture



Philippians 4:8 – The Mind

1. The Mind
2. The Model
3. The Promise
4. Bonus Takeaways
 - a. A Guide for Media Intake
 - b. A Perspective on the Christian and Culture
 - c. An Emphasis for My Outlook on Life

